



# Island Sports<sub>HK</sub>

	Jun 29, 2026	Jun 30, 2026	Jul 2, 2026	Jul 3, 2026
9:30-10:00AM	Tag Games	Dodgeball	Boulder Ball	Tag Games
10:00-10:30AM	Hand Ball Drills	Teeball Drills	Tennis Drills	High Jump
10:30-10:45AM	<b>Snack Break</b>			
10:45-11:45AM	Goalie Wars - Hand Ball	Teeball Golf Challenge	Floor Tennis Matches	Relay Races
11:45-12:10PM	<b>Lunch Break</b>			
12:10-1:00PM	Hand Ball Drills & Matches	Mini Matches	Tennis Drills & Competitions	Fun Athletics Competitions
1:00-1:15PM	<b>Snack Break</b>			
1:15-2:00PM	Survivor	Inflatable relays	Inflatable Puzzle & Tag games	Supersized Volleyball & Imposter
2:00PM	<b>Dismissal</b>			

 June 29 - July 3

 10:00-2:00PM

 Anfield School, Tai Wai



# Island Sports<sub>HK</sub>

	Jul 6, 2026	Jul 7, 2026	Jul 8, 2026	Jul 9, 2026	Jul 10, 2026
10:00-10:30AM	Tag Games	Dodgeball	The Floor is Lava & Bridge	Boulder Ball	Tag Games
10:30-11:00AM	Hand Ball Drills	TeeBall Drills	Football Drills	Tennis Rrills	High Jump
11:00-11:15AM	<b>Snack Break</b>				
11:15-11:45AM	Attacking plays - Hand Ball	Teeball Pop Shot challenge	Small Sided Matches	Rally with Coach	Relay Races
11:45-12:10PM	<b>Lunch Break</b>				
12:10-1:00PM	Hand Ball Drills & Matches	Mini Matches	Football Drills & Tournament	Tennis Drills & Competitions	Fun Athletics Competitions
1:00-1:15PM	<b>Snack Break</b>				
1:15-2:00PM	Survivor	Water Bomb Hunt Water Bomb Games	Wet Relay Races Water Balloon Toss	Sponge Relays Capture the flag (Water fight)	Supersized Volleyball & Imposter
2:00PM	<b>Dismissal</b>				



July 6 - 10



10:00-2:00PM



Anfield School, Tai Wai



# Island Sports<sub>HK</sub>

	Jul 13, 2026	Jul 14, 2026	Jul 15, 2026	Jul 16, 2026	Jul 17, 2026
10:00-10:30AM	Tag Games	Dodgeball	Capture the Flag	Boulder Ball	Tag Games
10:30-11:00AM	Hand Ball Drills	TeeBall Drills	Football Drills	Tennis Drills	High Jump
11:00-11:15AM	<b>Snack Break</b>				
11:15-11:45AM	Goalie Wars - Hand Ball	Teeball Golf Challenge	Small Sided Matches	Rally with Peers	Relay Races
11:45-12:10PM	<b>Lunch Break</b>				
12:10-1:00PM	Hand Ball Drills & Matches	Mini Matches	Football Drills & Tournament	Tennis Drills & Competitions	Fun Athletics Competitions
1:00-1:15PM	<b>Snack Break</b>				
1:15-2:00PM	Survivor	Inflatable Relays	Sponge Relays Capture the Flag (Water fight)	Inflatable Puzzle & Tag Games	Supersized Volleyball & Imposter
2:00PM	<b>Dismissal</b>				



July 13 - 17



10:00-2:00PM



Anfield School, Tai Wai

