PLAYGROUP

Skill crafting through fun activities disguised as games

Multisports AGES 1.5 - 2.5





Independence



Sport skills



Instruction following

5 SPORTS 1 PROGRAM

INTRODUCING OUR MULTISPORT PROGRAM
WHERE FUN MEETS COMMITMENT!
FOR CHILDREN AGE 1.5 - 7





Developing Independence

A key goal of our multisports program is to help each child become more independent. We encourage guardians to participate at first, creating a welcoming environment. As children become familiar with our staff, they quickly gain confidence and are inspired to take on drills independently.

By focusing on fun, we foster commitment in our young learners. With encouragement, guidance, and praise, we prepare our students to confidently face new challenges.

5 SPORTS 1 PROGRAM

INTRODUCING OUR MULTISPORT PROGRAM
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FOR CHILDREN AGE 1.5 - 2.5





Discovering Sports

In our program, toddlers can explore five exciting sports: football, rugby, hockey, teeball, and tennis.

With a variety of specialized equipment, we provide the perfect opportunity for year-round development.

At this age, we emphasize handling, striking, and directional movement. Through fun and engaging drills that feel like games, children learn to use sportspecific equipment while enjoying the process.

5 SPORTS 1 PROGRAM

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FOR CHILDREN AGE 1.5 - 2.5





Developing Direction

Our program helps children develop fitness while learning to move effectively. We include seven sections: Colour & Coordination Games, Throwing Exercises, Obstacle Courses, Directional Running & Targeting, Striking Activities, Scavenger Hunts, and Parachute Activities.

This enjoyable practice not only improves their fitness but also enhances classroom engagement and develops essential sports skills. By using repetitive drills disguised as fun, engaging activities, children quickly become familiar with the movements and

directions involved.

SPORTS 1 PROGRA

INTRODUCING OUR MULTISPORT PROGRAM WHERE FUN MEETS COMMITMENT! FOR CHILDREN AGE 1.5 - 2.5